



4TH ANNUAL HEALTHY AGEING SHOW



*Resources and support for a
healthy, active, independent and connected life.*



**WEDNESDAY,
OCTOBER 14, 2026**
10:00 A.M. – 3:00 P.M.



**EVERGREEN SENIORS
COMMUNITY CENTRE**
683 Woolwich St.,
Guelph, ON

**FREE
ADMISSION**
EVERYONE
WELCOME!



MEET 45+ LOCAL EXHIBITORS

Discover a wide range of
products, programs and
services.



INFORMATION YOU CAN TRUST

Connect with local
experts and get the
answers you need.



DOOR PRIZES & GIVEAWAYS

Visit exhibitors
for chances to win!



SOMETHING FOR EVERYONE

Helping you live a healthy,
active, independent and
connected life.

MEET 45+ LOCAL EXHIBITORS WITH INFORMATION AND SERVICES COVERING:



Health & Wellness



Hearing & Vision



Retirement &
Senior Living



Home Care &
Staying Independent



Fitness &
Active Living



Nutrition



Mental
Well-being



Community &
Social Programs



Financial &
Legal Planning



Mobility &
Accessibility



Safety &
Support Services

And much more!



Co-sponsored by GUELPH-WELLINGTON SENIORS ASSOCIATION



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LEARN MORE!

Scan to visit our website
for updates and details.

